

# Your Guide to Video Visits – Smartphones & Tablets

## 1 Before Your Visit

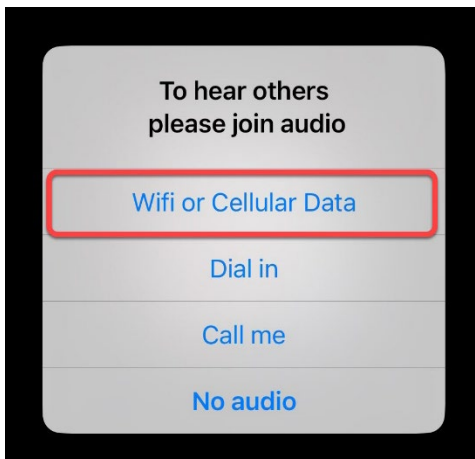
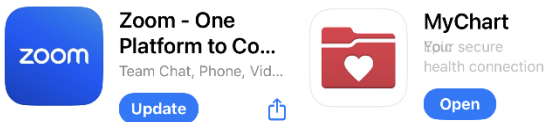
To get ready, follow these steps. Make sure to do this at least 1 day before your visit. Call the MyChart Support Line at (415) 514-6000, anytime, if you need assistance.

### Download Apps & Join a Test Meeting

- Download the **Zoom** and **MyChart** apps your device. You can find these apps at the App Store (iPhone) or Google Play (Android).
- Once the apps are installed, join a test meeting at <https://zoom.us/test>.
- Click the **Join** button.
- Enter your first and last name if prompted.
- **Make sure you allow Zoom to access your camera and microphone.**
- Tap **Join with Video**.

### Test Your Audio/Video

- A window will appear with choices for your audio connection.
- Choose **Wifi or Cellular Data**
- If your video did not start automatically, click the camera icon in the lower left corner.
- Your connection is successful when you see yourself. This is just a test meeting, so no one else will join you.
- To end the test, tap **Leave** in the upper right corner.

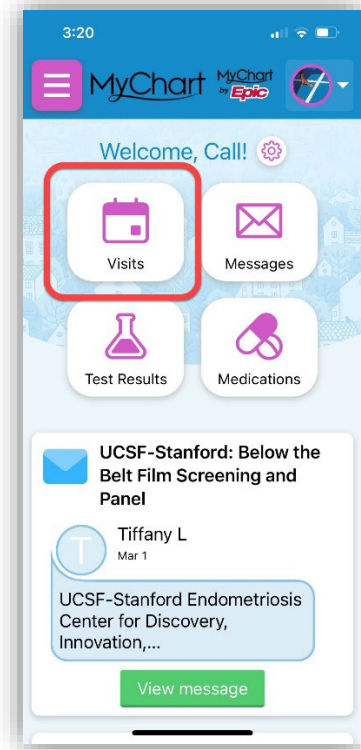


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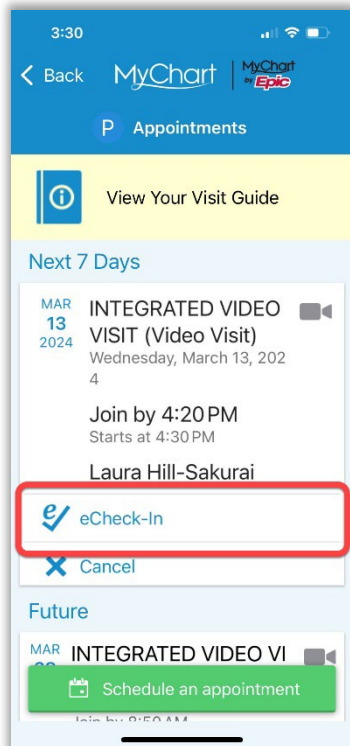
### 2 Complete eCheck-In

eCheck-In allows you to complete important tasks in advance of your visit. It is best to do this well in advance of your visit. eCheck-In is available up to 7 days before your appointment date.



- Open the MyChart app and log in.

- Click **Visits**

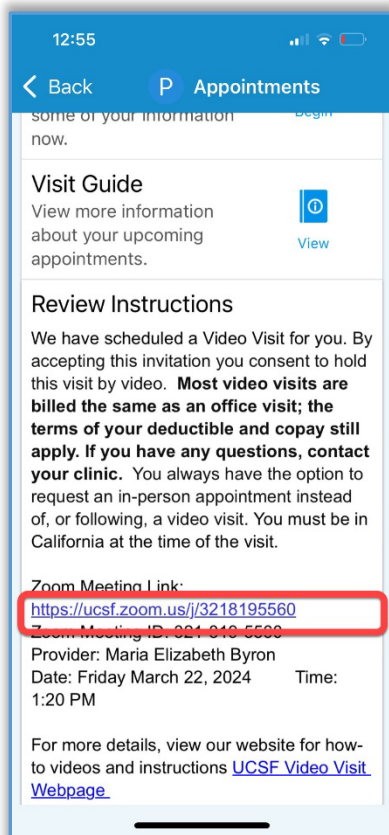
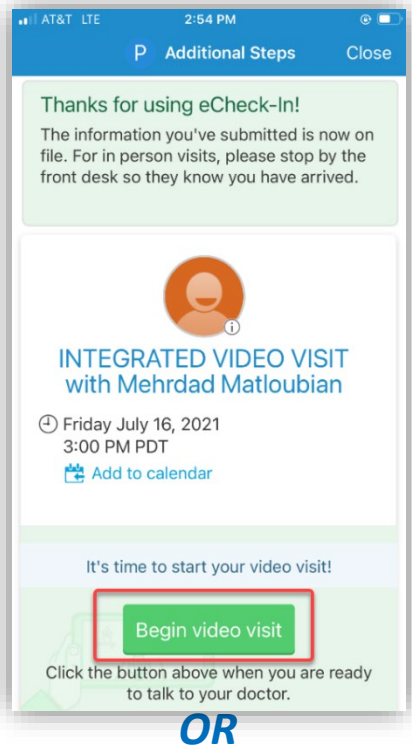


- Find your visit, then click **eCheck-In** and follow the on-screen instructions to complete your check-in tasks.
- Full instructions for eCheck-In are available at <https://ucsfmychart.ucsfmedicalcenter.org/ucsfmychart/en-US/docs/HelpCenter/eCheck-in.pdf>

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### 3 On The Day Of Your Visit



#### Find Your Visit Details

- Log in at <https://www.ucsfhealth.org/mychart>
- Click **Appointments**.
- Find your appointment and tap it.
- Want to invite a family member? See last page of this guide.

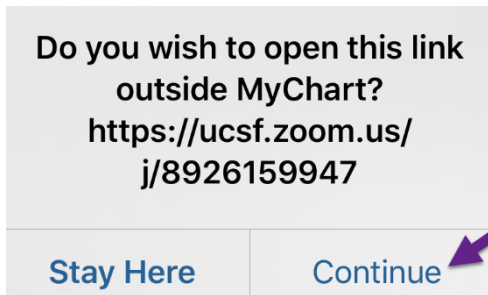
#### Start Your Appointment

- At least 10 minutes before your appointment, you can join the meeting. You will either have a button, or a Zoom link to click.
- If you see the **Begin video visit** button, tap to start your visit.
- If don't see a button, scroll down. Tap the Zoom Meeting link to start your visit.

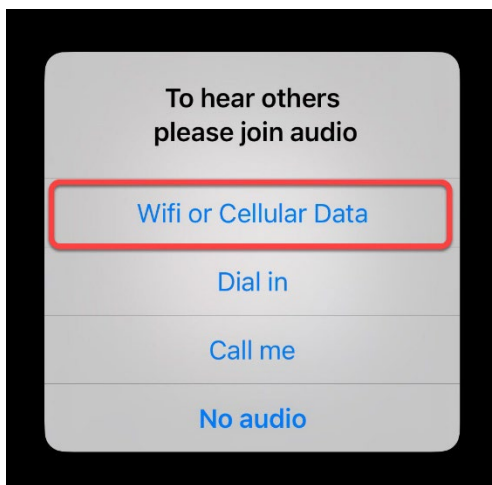
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- A Zoom meeting should launch. Tap “allow” or “continue” if prompted.
- You can also join the meeting using the Meeting ID if provided. Go to <https://ucsf.zoom.us/>, click **Join a Meeting** and enter the meeting ID from your instructions.

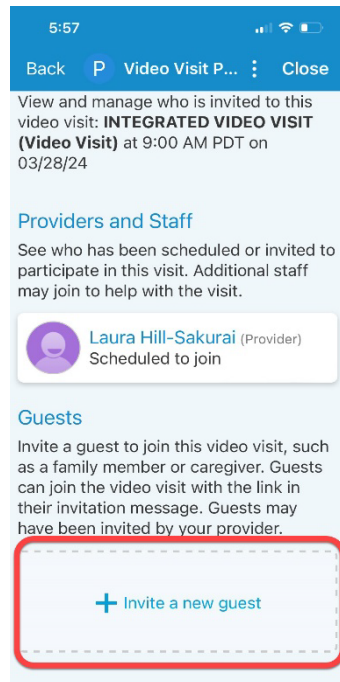
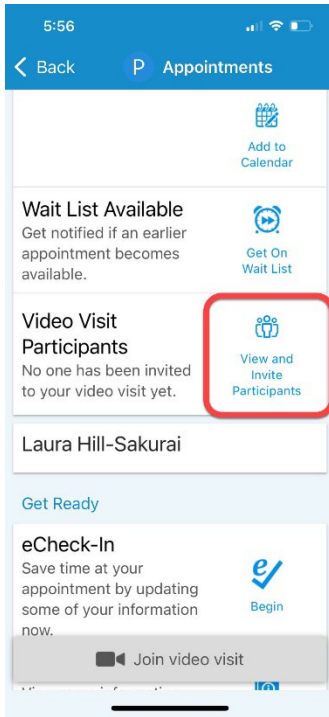


- You will be placed in a virtual waiting room. Please wait for your provider to admit you.
- Once you’re in the meeting, please make sure to **Join Audio** and to turn on your video using the **Start Video** button.
- Enjoy your visit!

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## 4 Need to Invite a Guest?



- Have a Join video visit button?
- Tap **View and Invite Participants**, then tap **Invite a new guest**.
- If you have invited guests before, you can choose from a list of those participants.
- If you need to invite a new guest, choose **New Guest** and enter their contact details.

This screenshot shows the 'Guests' form. It includes a dropdown for 'Invitation recipient' (set to '-- New Guest --'), fields for 'First name', 'Last name', and 'Relationship', and radio buttons for 'Text message' (selected) and 'Email'. There is also a field for 'Phone number' and a checkbox for 'This person has agreed to receive a'.

- Have a meeting link or ID instead?
- Copy the link or ID and send to your guests through text or email.

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